

## CERTIFICATE **OF PARTICIPATION**

This is to certify that

## **Heinrich Smit**

Has successfully participated & completed the

5km Cowhouse Spring Trail Run 2016

held at Cowhouse Market.

## **TIME** 00:39:45

**PACE** 07:57/km OVERALL 18 of 64

**GENDER** 11 of 25 **OPEN** 10 of 16

outTime Signature

29 October 2016, Sat Date